

Spiritual Health Assessment - My Personal Roadmap

Now it is time for you to identify and focus in on the areas in which you would like to grow. From the previous pages where you assessed yourself identify at least two areas of growth that you would like to see God work. Write out these goals and identify two specific measurable steps you can take to accomplish each goal. Ask someone to encourage you as you seek to accomplish the measurable steps and the goal.

GOAL #1 - Over the next 12 months, I desire to grow spiritually in the area of

by _____

The specific measurable steps I will take to accomplish this goal are:

1. _____
2. _____
3. _____

GOAL #2 - Over the next 12 months, I desire to grow spiritually in the area of

by _____

The specific measurable steps I will take to accomplish this goal are:

1. _____
2. _____
3. _____

GOAL #3 - Over the next 12 months, I desire to grow spiritually in the area of

by _____

The specific measurable steps I will take to accomplish this goal are:

1. _____
2. _____
3. _____

A Word of Caution

The Christian life is more than doing a few things we have listed on a piece of paper. Don't let this simply be a check list for you, as you will be missing the life of faith that we are called to live and enjoy. This tool is simply designed to be used by God to help you identify where you have grown and where you need to be growing in the coming year. . .in God's strength and for his glory. As you prayerfully consider your Spiritual Growth Plan for the year, trust that God will use these things to transform you into his image. Keep these goals before you and pray daily for God to work in your life in these areas. Meet with your small group leader or a trusted person to go over these goals several times in the next 12 months.